

Sacramento Course Schedule

Leading Education & Awareness in urban Forestry



Session One

*Introduction to LEAF Steward Program and Sacramento Tree Foundation
Wednesday, January 21*

Learn goals of the LEAF Steward program, your role as a leadership volunteer, and learn Sacramento Tree Foundation history, mission and direction for the future.

Field Trip One

*Working in the Urban Forest
Saturday January 24*

Get outside and participate in a tree planting to learn proper planting technique, habitat restoration or other hands on work day.

Session Two

*Urban Forestry / Civic involvement
Wednesday, January 28*

What is an urban forestry anyway? What are the benefits of trees to our environment and our own health? What is the state of our region's urban forest and how does it relate to our changing climate, health and quality of life in our communities? Join a lively presentation and discussion of these key topics influencing the future of our region.

Session Three

*Site selection and evaluation
Tree Identification
Wednesday, February 4*

Learn how to select the right tree for the right place by evaluating key characteristics of the proposed site and the potential for modifications to that site. Discuss the tree qualities desired for a specific location (e.g. leaf color, tree height) and the importance of a tree maintenance plan. This session also kicks off the opportunity for learning tree identification.

Field Trip Two

*Tree Identification Neighborhood Tour
Saturday February 7*

Take a walking tour to identify trees and observe their various characteristics: tree shape, size, leaf shape, type of bark, seeds or flowers. Log your observations in a tree journal referred to throughout the course.

** Evening sessions are from 6-830 pm*

** Saturday sessions are from 9 am – noon, unless otherwise noted*



Session Four

A Look Inside the Tree & Insects, Pests & and Diseases

Wed. Feb 11

This intensive session begins with the basic biological functions of a tree: the role of roots, trunk, bark and leaves in sustaining a tree's life. Participants will also learn the most common insects, pests and diseases that strike trees within the Sacramento region and what to do about them. Learn how to field public questions when they ask "*what is wrong with my tree?*"

Session Five

Pruning

Wed. Feb. 18

Learn the basics of pruning: why trees need to be pruned, proper technique, tools and examples of good and bad pruning. This class prepares LEAF Stewards for the second field trip on tree pruning. As an added bonus, learn what an arborist does, when to hire one and how to select a quality professional.

Field Trip Three

Tree Troubleshooting tour: Pruning

Saturday, Feb 21 9-noon

Join a walking tour with an industry professional to see examples of good and bad pruning on neighborhood trees and the long term impact on tree health and structure.

Session Six

Sustainable Home Landscape Design

Tuesday, Feb 25

What do I want? How do I get there? What does it look like? Learn basics tips on how to design sustainable home landscapes that examines materials and address the challenges, opportunities and impacts of development.

Session Seven

How to Organize a Planting

Tuesday, March 4

Learn step by step how to organize a tree planting from start to finish. The LEAF Steward Resource binder contains a series of helpful worksheets to help you manage a successful and fun event!

Session Eight

NeighborWoods – Building a neighborhood of trees

Tuesday, March 11

Our NeighborWoods Coordinator collaborates with an active NeighborWoods community volunteer to describe a highly successful NeighborWoods project. You will learn tips for how to engage your neighbors in planting trees.

Special Project / Graduation - 9 to 1 pm

Saturday, March 14

Outreach Project Graduation & celebration picnic

Our last session gives LEAF Stewards the opportunity to implement or showcase an individual or group outreach project. Graduation and a celebration picnic follows.

Sacramento course schedule