Celebrating the Stories of Your Life

4 Week Workshop - 2 hours

Contact Janice Kelley at outdoorjan@att.net for dates of next workshop

Visit https://naturelegacies.com/life-writing/ for more information.

Our engaging hands-on workshop begins by discussing where stories come from. See different ways to preserve individual stories using journals, memory books, art work and other creative projects.

We make it easy to write your stories by practicing techniques to provide structure and add details to your story.

- Practice mind mapping techniques
- Share meaningful objects and their stories
- Use memory prompts
- Opportunities to share stories each week.
- Multiple handouts and resources provided for further study.